

Invitation



The Local Men Local Communities Project will bring training and social activities to South Gippsland with a local focus on men aged between 25 and 50. The project aims to support men in our local community by providing mental health and emotional wellbeing training for individuals, community groups and sporting clubs.

Join us for Afternoon Tea!

When: Wednesday 24 March 2.00pm to 3.00pm

Where: Timber Yard - Mitre 10 Leongatha ~ 2 Cusack Rd

Who: All staff welcome

You will be able to hear from Jeremy Forbes, Founder of **HALT (Hope Assistance Local Tradies)** followed by Michelle Debenham from Wellways who will facilitate a great session on RUOK.

Afternoon tea will be provided.



Health
and Human
Services



wellways